# Summary of Benefits and Coverage: What This Plan Covers & What it Costs

**Coverage for:** Employee & Family  
**Plan Type:** PS1  
**Coverage Period:** 01/01/2016 – 12/31/2016

---

**Important Questions** | **Answers** | **Why This Matters:**
--- | --- | ---

What is the overall deductible? | Network: **$1,500** *Individual / $3,000 Family  
Non-Network: **$3,000** *Individual / **$6,000 Family**  
Family Per calendar year. Services listed below as "No Charge" do not apply to the **deductible.**  
*Doesn’t apply if policy covers 2+ people.* | You must pay all the costs up to the **deductible** amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the **deductible** starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the **deductible.**

Are there other deductibles for specific services? | No. | You don’t have to meet **deductibles** for specific services, but see the chart starting on page 2 for other costs for services this plan covers.

Is there an out-of-pocket limit on my expenses? | Network: **$4,000** *Individual / **$6,850 Family  
Non-Network: **$6,000** *Individual / **$12,000 Family  
Family  
*Doesn’t apply if policy covers 2+ people.* | The **out-of-pocket limit** is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.

What is not included in the out-of-pocket limit? | **Premium**, balance-billed charges, health care this plan doesn’t cover, and penalties for failure to obtain pre-authorization for services. | Even though you pay these expenses, they don’t count toward the **out-of-pocket limit**.

Is there an overall annual limit on what the plan pays? | No. | The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.

Does this plan use a network of providers? | Yes. For a list of **network providers**, see [myuhc.com](http://myuhc.com) or call 1-877-706-1739. | If you use an in-network doctor or other health care **provider**, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network **provider** for some services. Plans use the term in-network, **preferred**, or participating for **providers** in their **network**, See the chart starting on page 2 for how this plan pays different kinds of **providers**.

Do I need a referral to see a specialist? | No. | You can see the **specialist** you choose without permission from this plan.

Are there services this plan doesn’t cover? | Yes. | Some of the services this plan doesn’t cover are listed on page 5. See your policy or plan document for additional information about **excluded services**.

---

**Questions:** Call 1-877-706-1739 or visit us at [welcometouhc.com](http://welcometouhc.com). If you aren’t clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at [cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf](http://cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf) or call the phone number above to request a copy.
**Copayments** are fixed dollar amounts (for example, $15) you pay for covered health care, usually when you receive the service.

**Coinsurance** is your share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan’s **allowed amount** for an overnight hospital stay is $1,000, your **coinsurance** payment of 20% would be $200. This may change if you haven’t met your **deductible**.

The amount the plan pays for covered services is based on the **allowed amount**. If a non-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if a non-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**.)

This plan may encourage you to use network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

<table>
<thead>
<tr>
<th>Common Medical Event</th>
<th>Services You May Need</th>
<th>Your Cost If You Use a Network Provider</th>
<th>Your Cost If You Use a Non-Network Provider</th>
<th>Limitations &amp; Exceptions</th>
</tr>
</thead>
<tbody>
<tr>
<td>If you visit a health care provider’s office or clinic</td>
<td>Primary care visit to treat an injury or illness</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Virtual visits (Telehealth) – 20% co-ins per visit after deductible by a designated virtual network provider. No virtual coverage out-of-network.</td>
</tr>
<tr>
<td></td>
<td>Specialist visit</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Other practitioner office visit</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Cost share applies to manipulative (chiropractic) services only and is limited to 60 visits (combined in and out-of-network) per calendar year. Pre-authorization is required non-network or benefit reduces to 50% of eligible expenses.</td>
</tr>
<tr>
<td></td>
<td>Preventive care / screening / immunization</td>
<td>No Charge</td>
<td>40% co-ins after ded.</td>
<td>Includes preventive health services specified in the health care reform law.</td>
</tr>
<tr>
<td>If you have a test</td>
<td>Diagnostic test (x-ray, blood work)</td>
<td>Free Standing Lab and GW Hospital: 20% co-ins after ded. Hospital Based Lab: 20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>None</td>
</tr>
<tr>
<td>Common Medical Event</td>
<td>Services You May Need</td>
<td>Your Cost If You Use a Network Provider</td>
<td>Your Cost If You Use a Non-Network Provider</td>
<td>Limitations &amp; Exceptions</td>
</tr>
<tr>
<td>-----------------------------------------------------------</td>
<td>-------------------------------</td>
<td>-----------------------------------------</td>
<td>--------------------------------------------</td>
<td>-----------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>If you need drugs to treat your illness or condition</td>
<td>Generic drugs</td>
<td>Retail: 20% co-ins after ded</td>
<td>Retail 40% co-ins after ded</td>
<td>Provider means pharmacy for purposes of this section. The deductible is combined with the medical deductible. Retail: Up to a 31 day supply. Mail order: Up to a 90 day supply. Prior authorization, pre-notification, and quantity limits apply to certain drug classes. This plan utilizes the Maintenance Choice Prescription Program (MChoice) which requires those members with ongoing prescriptions to use a 90-day mail order prescription after the third 30-day fill. (Specialty drugs are not eligible for MChoice). The out of pocket limit is combined for medical and pharmacy.</td>
</tr>
<tr>
<td>If you have outpatient surgery</td>
<td>Facility fee (e.g., ambulatory surgery center)</td>
<td>20% co-ins after ded</td>
<td>40% co-ins after ded</td>
<td>Pre-authorization is required non-network or benefit reduces to 50% of eligible expenses.</td>
</tr>
<tr>
<td>If you need immediate medical attention</td>
<td>Urgent care</td>
<td>20% co-ins after ded</td>
<td>40% co-ins after ded</td>
<td>None</td>
</tr>
</tbody>
</table>

- **Imaging (CT / PET scans, MRIs)**
  - Free Standing Imaging and GW Hospital: 20% co-ins after ded.
  - Hospital Based Lab: 40% co-ins after ded.
  - 40% co-ins after ded.
  - Pre-authorization is required non-network or benefit reduces to 50% of eligible expenses

- **Facility fee (e.g., ambulatory surgery center)**
  - 20% co-ins after ded
  - 40% co-ins after ded

- **Physician / surgeon fees**
  - 20% co-ins after ded
  - 40% co-ins after ded

- **Emergency room services**
  - 20% co-ins after ded
  - *20% co-ins after ded
  - *Network deductible applies

- **Emergency medical transportation**
  - 20% co-ins after ded
  - *20% co-ins after ded
  - *Network deductible applies

- **Urgent care**
  - 20% co-ins after ded
  - 40% co-ins after ded
<table>
<thead>
<tr>
<th>Common Medical Event</th>
<th>Services You May Need</th>
<th>Your Cost If You Use a Network Provider</th>
<th>Your Cost If You Use a Non-Network Provider</th>
<th>Limitations &amp; Exceptions</th>
</tr>
</thead>
<tbody>
<tr>
<td>If you have a hospital stay</td>
<td>Facility fee (e.g., hospital room)</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Pre-authorization is required non-network or benefit reduces to 50% of eligible expenses.</td>
</tr>
<tr>
<td></td>
<td>Physician / surgeon fees</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>None</td>
</tr>
<tr>
<td>If you have mental health, behavioral health, or substance abuse needs</td>
<td>Mental / Behavioral health outpatient services</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Mental / Behavioral health inpatient services</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Pre-authorization is required non-network or benefit reduces to 50% of eligible expenses.</td>
</tr>
<tr>
<td></td>
<td>Substance use disorder outpatient services</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Substance use disorder inpatient services</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Pre-authorization is required non-network or benefit reduces to 50% of eligible expenses.</td>
</tr>
<tr>
<td>If you are pregnant</td>
<td>Prenatal and postnatal care</td>
<td>No Charge</td>
<td>40% co-ins after ded.</td>
<td>Additional copays, deductibles, or co-ins may apply depending on services rendered.</td>
</tr>
<tr>
<td></td>
<td>Delivery and all inpatient services</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Inpatient pre-authorization may apply.</td>
</tr>
<tr>
<td>If you need help recovering or have other special health needs</td>
<td>Home health care</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Limited to 100 visits combined in and out of network per calendar year. Pre-authorization is required non-network or benefit reduces to 50% of eligible expenses.</td>
</tr>
<tr>
<td></td>
<td>Rehabilitation services</td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Limits per calendar year: Combined</td>
</tr>
</tbody>
</table>
## Summary of Benefits and Coverage:

### What This Plan Covers & What it Costs

#### Coverage for:
- Employee & Family

#### Plan Type:
- PS1

<table>
<thead>
<tr>
<th>Common Medical Event</th>
<th>Services You May Need</th>
<th>Your Cost If You Use a Network Provider</th>
<th>Your Cost If You Use a Non-Network Provider</th>
<th>Limitations &amp; Exceptions</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>20% co-ins after ded</td>
<td>40% co-ins after ded</td>
<td></td>
</tr>
<tr>
<td>Habilitative services</td>
<td></td>
<td></td>
<td></td>
<td>physical, speech, occupational – 60 visits; cardiac – 36 visits; pulmonary – 20 visits combined in and out of network. Limits are combined with Rehabilitation Services limits listed above</td>
</tr>
<tr>
<td>Skilled nursing care</td>
<td></td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Limited to 100 days combined in and out of network per calendar year. Pre-authorization is required non-network or benefit reduces to 50% of eligible expenses.</td>
</tr>
<tr>
<td>Durable medical equipment</td>
<td></td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Pre-authorization is required non-network for DME over $1,000 or benefit reduces to 50% of eligible expenses.</td>
</tr>
<tr>
<td>Hospice service</td>
<td></td>
<td>20% co-ins after ded.</td>
<td>40% co-ins after ded.</td>
<td>Inpatient pre-authorization is required for non-network or benefit reduces to 50% of eligible expenses.</td>
</tr>
</tbody>
</table>

### If your child needs dental or eye care

|                       | Eye exam               | 20% co-ins after ded.                  | 40% co-ins after ded.                     | Limited to 1 exam every 24 months. |
|                       | Glasses                | Not Covered                            | Not Covered                              | No coverage for glasses.          |
|                       | Dental check-up        | Not Covered                            | Not Covered                              | No coverage for dental check-up.  |

### Excluded Services & Other Covered Services:

#### Services Your Plan Does NOT Cover
- Acupuncture
- Dental care (Adult/Child)
- Infertility treatment
- Routine foot care

---

This isn’t a complete list. Check your policy or plan document for other excluded services.

---

5 of 9
HSA Choice Plus HDHP Plan

Coverage Period: 01/01/2016 – 12/31/2016

Summary of Benefits and Coverage: What This Plan Covers & What it Costs

Coverage for: Employee & Family

Plan Type: PS1

<table>
<thead>
<tr>
<th>What This Plan Covers &amp; What it Costs</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Bariatric surgery</td>
</tr>
<tr>
<td>• Cosmetic surgery</td>
</tr>
<tr>
<td>• Glasses (Adult/Child)</td>
</tr>
<tr>
<td>• Hearing aids</td>
</tr>
<tr>
<td>• Long-term care</td>
</tr>
<tr>
<td>• Weight loss programs</td>
</tr>
</tbody>
</table>

Other Covered Services (This isn’t a complete list. Check your policy or plan document for other covered services and your costs for these services.)

<table>
<thead>
<tr>
<th>Other Covered Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Chiropractic care</td>
</tr>
<tr>
<td>• Non-emergency care when traveling outside the U.S.</td>
</tr>
<tr>
<td>• Private-duty nursing</td>
</tr>
<tr>
<td>• Routine eye care (Adult/Child)</td>
</tr>
</tbody>
</table>

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-747-1019. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact the Member Service number listed on the back of your ID card or myuhc.com or the Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/ebsa/healthreform.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/ebsa/healthreform.

Does this Coverage Provide Minimum Essential Coverage?
The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” This plan or policy does provide minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?
The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.
Language Access Services:
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne’ 1-877-706-1739.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.
Having a baby
(normal delivery)

- Amount owed to providers: $7,540
- Plan pays $4,840
- Patient pays $2,700

Sample care costs:
- Hospital charges (mother) $2,700
- Routine obstetric care $2,100
- Hospital charges (baby) $900
- Anesthesia $900
- Laboratory tests $500
- Prescriptions $200
- Radiology $200
- Vaccines, other preventive $40

Total $7,540

Patient pays:
- Deductibles $1,500
- Copays $0
- Coinsurance $1,000
- Limits or exclusions $200

Total $2,700

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- Amount owed to providers: $5,400
- Plan pays $3,560
- Patient pays $1,840

Sample care costs:
- Prescriptions $2,900
- Medical Equipment and Supplies $1,300
- Office Visits and Procedures $700
- Education $300
- Laboratory tests $100
- Vaccines, other preventive $100

Total $5,400

Patient pays:
- Deductibles $1,000
- Copays $0
- Coinsurance $800
- Limits or exclusions $40

Total $1,840

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don’t use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.
# Questions and answers about Coverage Examples:

<table>
<thead>
<tr>
<th>What are some of the assumptions behind the Coverage Examples?</th>
<th>What does a Coverage Example show?</th>
<th>Can I use Coverage Examples to compare plans?</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Costs don’t include <strong>premiums</strong>.</td>
<td>For each treatment situation, the Coverage Example helps you see how <strong>deductibles</strong>, <strong>copayments</strong>, and <strong>coinsurance</strong> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn’t covered or payment is limited.</td>
<td>✓ <strong>Yes.</strong> When you look at the Summary of Benefits and Coverage for other plans, you’ll find the same Coverage Examples. When you compare plans, check the “Patient Pays” box in each example. The smaller that number, the more coverage the plan provides.</td>
</tr>
<tr>
<td>- Sample care costs are based on national averages supplied to the U.S. Department of Health and Human Services, and aren’t specific to a particular geographic area or health plan.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- The patient’s condition was not an excluded or preexisting condition.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- All services and treatments started and ended in the same coverage period.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- There are no other medical expenses for any member covered under this plan.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Out-of-pocket expenses are based only on treating the condition in the example.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- The patient received all care from in-network <strong>providers</strong>. If the patient had received care from out-of-network <strong>providers</strong>, costs would have been higher.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- If other than individual coverage, the Patient Pays amount may be more.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Does the Coverage Example predict my own care needs?**

✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor’s advice, your age, how serious your condition is, and many other factors.

**Are there other costs I should consider when comparing plans?**

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you’ll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

**Does the Coverage Example predict my future expenses?**

✗ **No.** Coverage Examples are not cost estimators. You can’t use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

---

**Questions:** Call 1-877-706-1739 or visit us at [welcometouhc.com](http://welcometouhc.com). If you aren’t clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at [cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf](http://cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf) or call the phone number above to request a copy.