Something you need to know…

**Preventive dental care can help reduce health risks.**
Periodontal disease has been linked to heart disease, diabetes and preterm birth.

**Many diseases and conditions are visible through the mouth. In fact, sometimes the first sign of a general health problem shows up in the mouth.**

As a member of our dental plan, we want to make sure you have the information you need to make informed decisions about your health care. Take advantage of the enhanced dental benefits we offer to treat periodontal (gum) disease. Your dental plan will cover an additional cleaning or visit to treat gum disease, if you have heart disease, diabetes or are pregnant.

**If you have one of these conditions or are pregnant and would like to enroll in these enhanced benefits, please call us at 1-800-779-3357, Monday through Friday 8 a.m. to 6 p.m. Eastern Time. A dental care coordinator will be happy to assist you.**

The American Dental Association recommends regular dental checkups to maintain optimum oral health. We encourage you to use your Aetna Dental® benefits, to help keep you as healthy as possible. Please note that your Aetna dental plan(s) may or may not cover all your dental expenses. Consult your plan documents for details.

A visit to the dentist is strongly recommended if you have any of the following:
- Bleeding gums
- Gums that appear to be receding
- Persistent bad breath
- Shifting or loose teeth

**Who says you can’t have great teeth at 50?**
Aetna Dental 1957-2007

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